Checklist for Backpacking Hunting

* items in orange are available at: www.kenetrek.com or by calling 1-800-232-6064

**General**
- Backpack w/rain cover (Eberlestock Just One)
- Hydration Bag and water bottle
- Knife (compact hunting)
- Leatherman tool
- GPS w x-batteries
- Leki Trekking Poles
- Fishing Pole (backpacking)
- Fishing Gear (compact-complete)
- Duffle Bags (there and back)

**Personal Gear**
- Toothbrush, Toothpaste
- Liquid Soap (2 oz. hair and body)
- Toilet Paper
- Lip Balm
- Small Towel/Washcloth
- Deodorant
- Sun Glasses
- Advil and Antihistamine
- Vitamins
- Bandaids & Moleskin (Compede)
- Nail Clippers
- Sun Block
- Insect Repellant
- Baby Wipes (unscented)
- Razor and shaving cream
- Ear Plugs

**Rifle Hunting**
- Rifle w/scope covers
- 2 boxes shells
- Shell Holder for belt
- Binoculars 10x42
- Laser Range Finder
- Spotting Scope w/tripod
- Bone saw (folding-compact)
- Game Bags (3 old pillow cases)
- Hunter Orange if required

**Bowhunting**
- Bow and accessories
- Extra string and cable set
- Armguard
- Chestguard if cold weather hunt
- Arrows (24)
- Field Bow Press
- Wrenches and Tools
- String Wax
- Broadheads w/extra blades (18)
- Field tips and Judo points
- Binoculars 10x42
- Spotting Scope w/tripod (hunt pod 2)
- Laser Range Finder
- Camo Clothing - top
  - pants
  - gloves
  - hat
  - facemask
- Wind Puffer Bottle
- Game Calls
- Bone saw (compact)
- Game Bags (3 old pillow cases)
- Knee Pads

**Camp Gear**
- Lightweight Sleeping Bag
- Lightweight Sleeping Pad
- Tent w/ventilating (Hilleberg)
- Stove (Jet Boil)
- Extra Fuel Bottle
- Cooking/mess kit
- Coffee Cup
- Dishes cleanup kit
- Canteen 48 oz
- Water Filter (MSR)
- Matches and Lighter
- Firestarter Blocks or Vaselined Cotton Balls
- Garbage Bags (3)
- HeadLamp (Petzal Tikka)
- Extra Batteries (AA, 9V, camera)
- Camera w/waterproof bag
- Extra Memory Card
- Rope 50 ft of parachute chord
- Electrical Tape (6 ft)
- Duct Tape (6 ft)
- 1st Aid Kit
- Bear Spray
- Pillow Case

**Clothing**
- Socks (1 sock&liner/every 2 days)
- Underwear (1 /every 2 days)
- Long Underwear (2 sets)
- Pants (1 fleece, 1 nylon)
- Shirts (2 synthetics)
- Gloves (1 insulated, 1 lightweight camo)
- Hats (1 ball cap, 1 insulated beanie)
- Rain gear (top, pants, latex gloves)
- Jacket (medium weight)
- Handkerchiefs (2)
- Travel Clothes (to and from trailhead)
- Boots (1 mountain or 1 pac)
- Stream Crossers
- Gaiters
- Water Snakes Bands
- Bug Head Net

**Rifle Hunting**
- Rifles with scope covers
- 2 boxes of shells
- Shell holder for belt
- Binoculars 10x42
- Laser Range Finder
- Spotting Scope with tripod
- Bone saw (folding-compact)
- Game Bags (3 old pillow cases)
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<table>
<thead>
<tr>
<th>Food</th>
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<tbody>
<tr>
<td>Athlete Type Nutrition Bars (2/day)</td>
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<tr>
<td>Granola Trail mix (1/day)</td>
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<tr>
<td>Breakfast Cookie, Oatmeal, or Granola (1/day)</td>
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<td>Peanut Butter Crackers (1/day)</td>
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<td>Freeze Dried meals (Mountain House) (1/day)</td>
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<tr>
<td>Coffee (Starbucks VIA instant straws)</td>
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<td>Jerkey</td>
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<tr>
<td>Cooking Seasonings</td>
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<tr>
<td>Powdered Drink Mix Straws (Crystal Light)</td>
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<tr>
<td>Energy Gel (2/day)</td>
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<tr>
<td>Packet of Gum</td>
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